



FEBRUARY 2023

4-H Family News

Livingston County



4-H Leader Training: All Leaders Welcome!

We would like to invite all of our 4-H leaders to our **4-H Leader Training Day on February 25th, 2023 from 9am-11:30am**. Coffee and donuts will be provided!

All new 4-H administrative leaders are strongly encouraged to attend. Veteran leaders are welcome, especially those who are looking to open a club bank account for the first time.

This training will cover updated 4-H financial policies and 4-H club expectations, will give a brief outline of statewide and county annual events, will give each of you the opportunity to form connections with other 4-H volunteers, and is a great opportunity to ask us questions!

We will be offering this session as a hybrid meeting if you cannot attend in person. Youth are welcome to attend but are not the intended audience.

Register here: <https://bit.ly/4-HLeaderTraining>
Registrations are due no later than February 23rd, 2023 at 5pm.

UPCOMING MEETINGS AND EVENTS:

Animal Project Committee Meeting

February 7th at 7 pm in the MSU Extension Office

Horse Association

February 14th at 7 pm in the MSU Extension Office

4-H Council Meeting & Potluck

February 21st at 6 pm at the Livingston Educational Service Agency

4-H Leader Training

February 25th at 9 am in the MSU Extension Office

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COUNTY 4-H NEWS

Livingston County 4-H Cloverbud Spring Break Day Camp: Registration Open for Cloverbud Campers and Teen Counselors!



We are excited to announce The Livingston County 4-H Cloverbud Spring Break Day Camp will be March 29th – 31st from 9 am – 3 pm at the Livingston Educational Service Agency and the 4-H Building at the Fowlerville Family Fairgrounds. This day camp will be STEAM focused for ages 5-7 years old with educational, hands-on activities. Families can select to attend 1, 2, or 3 days of the camp. Cost is \$10 a day and snacks are provided. This camp is open to families already enrolled in 4-H and non-4-H families who enroll before the first day of camp! Registration is being sent to 4-H families first.

We are also looking for teens between the ages of 13-19 years old who would be interested in volunteering as teen counselors for at least 1 day of camp. Youth must be enrolled in 4-H by the first day of the camp, but if youth have friends not in a 4-H club or currently enrolled, they are still able to volunteer if they enroll before camp starts. This is a great way for teens to gain leadership skills, to work with youth, and a great thing to put on a resume or college application. Adults who are interested in volunteering can contact Jenny at speyerje@msu.edu.

Registration for Cloverbud Campers and Teens: <https://events.anr.msu.edu/livingstoncloverbud>

Livingston County 4-H Volunteer Spotlight: Dave Bullen of Ranger's 4-H Club

Dave Bullen first became acquainted with the Ranger's 4-H Club when his grandchildren were members around 2009. He would accompany them to the fair and, on occasion, bring them to meetings. They persuaded him to help out with photography in the Ranger's 4-H club since he is an excellent photographer.

Mr. Bullen became a leader in 2011. He plans lots of outings with the members and provides them great opportunities for taking photos. He spends a lot of time helping members understand how to take better photos and is always positive and encouraging when he works with the kids.

Dave has also taken multitudes of pictures at the Fowlerville Family Fair over the years, as well as at special events, including Spring Achievement and Awards Night. Many of the pictures featured on the covers of the plat book over the years were taken by Mr. Bullen.

He has a great sense of humor, and always shares jokes or riddles at their monthly meetings, and the kids look to him as a grandfather figure. Livingston County 4-H is incredibly fortunate to have Mr. Bullen as a leader!!





COUNTY 4-H NEWS

Attention 4-H Volunteers! We Need Your Feedback!

We are planning a Volunteer Appreciation Day for this spring and need your help choosing a date! Please complete the following survey by February 13th so we can start planning.

You can complete the survey here:

https://msu.co1.qualtrics.com/jfe/form/SV_b7M9qXv2ogjemh0



Grand Equestrians Therapeutic Riding Program Needs you! If you Love Working with Horses and Children, this Could be for you!

Grand Equestrians help special needs children with therapeutic horseback riding, and there are volunteer opportunities available to help bring in horses on the day of classes, grooming, tacking, and helping children get ready to ride. Once the rider is mounted, up to three volunteers are needed per horse:

One or Two side walkers who walk alongside the horse and rider to offer support, and one person who leads the horse. Side walkers and horse leaders need to be 14 years old, younger volunteers are able to help with grooming, tacking, assisting with games, etc.

Riders are put through patterns of walking, trotting, reversing, changing directions, and stopping. We also play games on horseback like Egg and Spoon, and Red Light, Green Light. The Grand Equestrians riders also show at Fair, which is especially awesome!

It is so rewarding to see the smiles on the kid's faces and see the progress they make! We also sign for community service hours 😊

2023 Classes will start June 6th and run through July 18th on Tuesdays only from 6:00 p.m. – 9:00 p.m. There will be no class on July 4th.

Email grandequestrians@gmail.com to sign up or for further information!





STATEWIDE CALENDAR OF EVENTS

4-H Day at the Breslin & 4-H Alumni Tip-Off Reception



Make plans for a fun day in East Lansing on February 12! Join with other members of the 4-H community for 4-H Day at the Breslin and cheer on the MSU Women's Basketball game as they take on Penn State.

Attendees will also enjoy 4-H games and activities around the concourse. Tickets are free to 4-H youth and their families as well as 4-H volunteers and their families. Learn more at www.canr.msu.edu/events/4-h-day-at-the-breslin.

4-H alumni can also take part in a special pre-game event: the 4-H Alumni Tip-Off Reception. Enjoy networking and fun with other 4-H alumni before the game. Learn more at www.canr.msu.edu/events/4-h-alumni-tip-off-reception.

February 14: Wild Spartans Series – Black River Lake Sturgeon Facility, Management of a Threatened Species

Online

Meet Doug Larson, research assistant at the Black River Sturgeon Facility. Learn about his field work, and the education and career path he followed to get there.

www.canr.msu.edu/events/wild-spartans-series-february-2023

February 25: 4-H Leader Meet

MSU Campus, East Lansing

Enjoy a variety of fun and interactive sessions, informative presentations, and useful tips for meetings. Open to adult and teen leaders in Ionia, Montcalm, Gratiot, Clinton, Eaton and Ingham.

www.canr.msu.edu/events/4-h-leader-meet-2023

February 28: Michigan 4-H Volunteer Webinar – Building the Value of Your 4-H Club

Online

A webinar series that will provide Michigan 4-H volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers.

www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-the-value-of-your-4-h-club-7pm

March 3-5: Michigan 4-H Dairy Conference

Ralph A. MacMullan Center, Roscommon

This weekend workshop will focus on all things dairy cattle nutrition. MSU and MSU Extension faculty, industry partners, and MSU students will lead educational sessions. Open to MSU Extension Gold Volunteers and 4-H youth (ages 12-19). Register by Feb. 8.

www.canr.msu.edu/events/2023-michigan-4-h-dairy-conference

March 4: 2023 Michigan 4-H Livestock Workshop

MSU Campus, East Lansing

This one-day workshop is designed for 4-H teens ages 12-19 and adult volunteers in the beef, sheep, goat and swine project areas.

www.canr.msu.edu/events/michigan-4-h-livestock-workshop

March 4: 4-H Shooting Sports Instructor Certification Workshop

Ralph A. MacMullan Center, Roscommon

Interested in leading shooting sports with a 4-H club? Become a certified instructor at this one-day, hybrid workshop! Register by Feb. 15.

www.canr.msu.edu/events/4-h-shooting-sports-instructor-certification-workshop-ram





STATEWIDE 4-H NEWS

Register today for Michigan 4-H Capitol Experience!

At Michigan 4-H Capitol Experience, teens learn how to change the world for the better through engagement in Michigan's state government and public policy process. The 4-H Capitol Experience program, scheduled for March 12-14, in Lansing, has been described by past participants as "amazing", "life-changing", and "an opportunity unlike any other".

The three-day event, open to high-school-aged youth, includes tours of the Michigan Capitol, interactions with state legislators, meetings with state agency staff, lobbyists and state-level experts and learning how policy is made. During the program, youth work in small teams to draft legislation on agriculture, civil rights, education, energy, environment and natural resources, health or law enforcement and corrections.



The cost to register in 2023 is \$365, which includes meals, material fees and lodging at the Radisson Hotel in downtown Lansing. Please contact your local 4-H program coordinator to inquire about local funding opportunities. Scholarships may also be available through your local Farm Bureau office.

Registration is open until February 13. To find out more, visit https://www.canr.msu.edu/4_h_capitol_experience/.



World Food Prize Michigan Youth Institute registrations due March 15!

As millions across the globe deal with food insecurity, the World Food Prize Michigan Youth Institute (WFP MIYI) offers young people an opportunity to be part of the solution. Held May 11 in East Lansing, or by participating from anywhere else using Zoom video/web conference technology, the event seeks to inspire and prepare the next generation of global leaders to end world hunger.

Attendees will have the opportunity to share their ideas related to global food security with experts and other Michigan youth while learning how university faculty and staff members, researchers and students are working to address world hunger.

To participate, youth should be in grades 7-12 and register by the March 15 deadline. As part of the registration process, youth are required to prepare a two- to five-page research paper about a developing country and one of 20 key factors that affect food security. At the event, youth present and discuss their papers with other attendees and research and industry experts. They also participate in interactive activities related to global food challenges and engage with area experts to discuss solutions to global hunger and poverty.

The top performing students at the WFP MIYI will be selected to attend the World Food Prize Global Youth Institute in Des Moines, Iowa, in October. For more information, visit <https://www.canr.msu.edu/wfpmyi/>. Registrations and papers are due March 15.



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 2/7/23: Purpose of Play
- 2/14/23: Birds and the Bees: Talking with Kids About Sex
- 2/21/23: Parenting in the Digital Age
- 2/28/23: Together We Can: Co-Parenting

Registration: https://msu.zoom.us/webinar/register/WN_prC0K8g9SFe2es2ymb6_kg

For more information contact Courtney Aldrich at aldric82@msu.edu



Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates: February 17, February 24, March 3, March 10, March 17

Class times: 11:00am-12:30pm EST

Registration: <https://events.anr.msu.edu/GuidingPrinciplesFebMar2023/>

For more information, contact Courtney Aldrich, aldric82@msu.edu

Building Early Emotional Skills



Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and help their children develop strong social emotional skills. BEES will help you learn about: Your child's temperament and stress, Your triggers and how to manage them, Being reflective about feelings and emotion coaching, Reducing biting, conflict and frustration and handling tantrums, Building a solid foundation for tomorrow

Class dates: February 15, February 22, March 1, March 8 from 1:00-2:30pm EST

Registration: <https://events.anr.msu.edu/BEESFebMar2023/>

For more information, contact Courtney Aldrich, aldric82@msu.edu



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

The Resilience Toolbox: Building Foundational Skills for Resilience in Early Childhood

Class Date: January 19th

Class Date: February 16th

Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_U4dleNZRQHS2CvBw5PbXHA

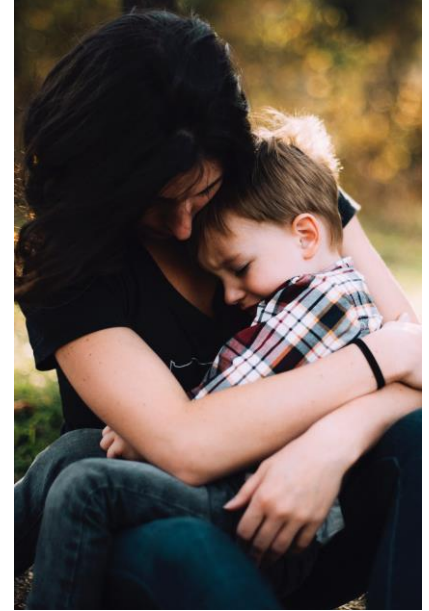
Screen Time for Young Children

Class Date: February 24th

Class Time: 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN_yenkWkOnQ7Gncpf3TSJrrQ

For more information contact Vivian Washington at washi138@msu.edu



Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at aldric82@msu.edu

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/

MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: <https://miparentingresource.org/>

For more information contact Courtney Aldrich at aldric82@msu.edu